**Welcome to Team Building Blocks!**

At Building Blocks therapy, your child and your family are not only the focus of the team, but part of the team as well. Consider your professional title as “Family Information Specialist.” You are the expert on your child and your family, and you are the driving force behind therapy. While our therapists are certainly subject-matter experts, our purpose is to equip you with the tools to help your child and your family in your day-to-day life. We can conduct therapy in your home, your child’s daycare or preschool, grandparent’s home, the park, or anywhere your child goes with his/her caregiver.

**How can I help Early Intervention be successful?**

* Participate in the therapy – watch, ask questions, and try things out while your therapist is there
* Ask why your therapist is trying a certain activity or method. This helps you understand and replicate the task.
* Find ways to work therapeutic activities into your daily routines. Your therapist can help with this. Therapists are only with your child 1% of their waking hours, so working therapy into daily routines is the easiest and most effective way to carryover treatment activities.

**What resources are available to me as a parent?**

* Our website, [www.bbtherapy.com](http://www.bbtherapy.com), offers links to community resources. There are different community programs listed, as well as ways to link you with other parents with children with similar needs.
* Your therapist and service coordinator may also have ideas for community resources and opportunities for community interaction.
* You can also “like” us on Facebook (“Building Blocks Therapy”) to learn about community events and meet other families.